

Discussion Questions

For Unmarried Women



“A woman who is no longer married or has never been married can be devoted to the Lord and holy in body and in spirit.”

(1 Corinthians 7:34, NLT)

SESSION ONE: The Secret to Finding True Fulfillment

Allowing God to Meet Your Deepest Needs

As an unmarried woman, what unique needs do you have? How can these needs be met through God and the other people He's placed in your life?

If you are engaged, what expectations do you have of marriage? Do any of them need to be adjusted?

SESSION TWO: The Secret to Embracing His Differences

Understanding and Appreciating the Differences Between You and Your Husband

Which of these differences affect your interactions with men at home, work, school, or church?

How can appreciating these differences help improve the way you interact with these men?

If you are engaged, which differences might cause friction in your future marriage? What can you do now to minimize future conflict in these areas?

SESSION THREE: The Secret to Genuine Love
Loving Your Husband with Jesus' Love

Think of the difficult people you daily encounter. How can you show them genuine love, and how can this change the outcome of your interactions?

If you are dating or engaged, do you feel that your relationship is mainly built on passion, affection, or genuine love? What improvements need to be made?

“Genuine love is sincerely concerned for the welfare of another.” When you feel sexually tempted, how can genuine love help you to protect the purity of your relationship?

SESSION FOUR: The Secret to Meeting His Greatest Need
Communicating Respect to Your Husband

Think of the men in your life (son, father, coworker, friend, etc.). How can you treat them respectfully—even when you disagree? How will this affect your relationships with these men?

If you are engaged, how can you show respect for your fiancé's leadership? How will this impact him as he prepares to be your husband?

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SESSION FIVE: The Secret to a Strong Inner Life
Pursuing Life in the Holy Spirit

How has the condition of your inner life affected your interactions with people at home, work, school, or church?

Read 2 Corinthians 6:14-7:1. If a woman's closest relationships (best friend, boyfriend, or fiancé) do not share her godly pursuits, what damage will that cause her? What adjustments should she make in those relationships?

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SESSION SIX: The Secret to Growing Intimacy
Guarding Your Heart, Mind, and Marriage

*Even though you are unmarried, how can the ideas for "guarding intimacy in marriage" help you build and protect close friendships? (See pages 106-109 in the *Secrets* book.)*

*Even though you are unmarried, how can the insights for "improving sexual intimacy in marriage" help you remain sexually pure? (See insights 2, 4, and 5 on pages 111-113 in the *Secrets* book.)*

If you are dating or engaged, what additional boundaries can help you guard your purity so that later you can experience God's design for intimacy in marriage?

How can you build mental, emotional, and social intimacy while putting physical intimacy on hold?

SESSION SEVEN: The Secret to Staying in Love
Establishing Healthy Boundaries to Keep First Things First

As an unmarried woman, what are healthy priorities for you? (God, parents/family...)

Who or what is most likely to disrupt your priorities? How can you guard against this?

If you're dating or engaged, you may want to spend most of your time and energy on your boyfriend or fiancé. But what can you do to build your relationship without letting your priorities slip?

SESSION EIGHT: The Secret to Influencing Him
Positively Affecting Your Marriage with a Gentle and Quiet Spirit

Think of the attitude you carry in your spirit on most days. How does it affect the people at your home, work, school, or church?

Think of the four people you spend the most time with. How can you show them a gentle and quiet spirit, and how will this influence them?

If you are dating or engaged, think of situations where you might try to manipulate or control your boyfriend or fiancé. What is a better (and more influential) way to respond?



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